



HILLBILLY EXPRESS

LION SUSIE TRUNDY, EDITOR

SEPTEMBER 2011 PUBLICATION

FOOTHILL LIONS CLUB

10th Annual

Warm September Nights Car Show

Date: September 24th, 2011

Time: 10 am to 3:30 pm



FOOTHILL LIONS CLUB

Contact person:

Kenn or Sheri Vess

(530) 743-4084 or 742-5466

Pre Registration—\$10

Registration Day of Show—\$15

Early-Bird Breakfast served from 8 am to 10:30 am

Lion Jeff's Yummy Bloody Mary's

Lunch (BBQ Tri Tip Sandwiches) served from 11 am to ??

Hot Dog Booth/50-50 Money Lei/Raffle Prizes/Vendors

Live Music by: **Road Test (50's & 60's sounds)**

Trophy presentation 3 pm to 3:30 pm

Dash Plaques for 1st 100 Entries

Meetings—7:00 pm on the 1st & 3rd Thurs of Every Month

Foothill Lions Community Center, 5667 Fruitland Rd, Loma Rica, Ca 95901

(530) 742-LION

District 4-C1, So Butte Region, North Zone

RAFFLES—RAFFLES—RAFFLES - PLEASE—PLEASE—PLEASE
HOWEVER YOU CAN HELP—PRIZE OR MONEY

General Meeting Minutes (August 4, 2011)

Meeting called to order by Lion President Sheri Vess @ 7:04 pm, flag salute led by Lion Mike Fitzgerald, song led by Lion Joni Patterson and prayer by Lion Marilyn Alverson. We had 48 Lion members and 8 guests present.

Dinner served, thank you to Lioness for a wonderful meal.

MSP to accept the Treasurer's report as read in the bulletin.

MSP to accept the Secretary's report as read in the bulletin.

Lion Kitt Carsten reported on our upcoming Community Yard Sale on 9/17 from 8 am to 4 pm. The Lioness will sell coffee and pastries in the morning and Lions will sell hot dogs and sodas in the afternoon. The cost is \$10.00 and applications can be down loaded from our web page.

Lion Debbie Burlingame reported on our upcoming Blues Festival. Set up will be tomorrow @ 6 pm. We have 34 baskets to raffle thanks to all the Lions and business donations.

Lion Sheri Vess reported on our upcoming Car Show. Band is hired, flyers are done, but we need raffle donations.

50/50 Raffle = \$58.00 - Tail Twister = \$40.00 - CCI = \$21.85

MSP to adjourn meeting. Meeting adjourned at 7:55 pm.

Minutes submitted by Lion Secretary Debbie Sparks

General Meeting Minutes (August 18, 2011)

Meeting called to order by Lion President Sheri Vess @ 7:00 pm, flag salute led by Lion J Mowery, song led by Lion Susie Trundy and prayer by Lion Diana Wheeler. We had 32 Lion members and 7 guests present.

Dinner served, thank you to Lioness for a wonderful meal.

Lion Debbie Burlingame reported on our Blues Festival. We made \$6,968.62 for the Yuba County Search & Rescue. Thank you to all Lions who helped with baskets, set up, clean up, etc.

Lion Sheri reminded everyone to attend the BAFB family BBQ on Saturday, 8/20/11.

Lion Sheri reported on our upcoming Car Show on Saturday, 9/24/11. Raffle donation letters available.

Lion Debbie B. reported on our upcoming dinner and dance fundraiser for Peggy Rister on Saturday, 10/1/11. Lion Sheri read a thank you note from Peggy for the \$200.00 donation from our club to help **with medical expenses. Lion Bill Rocher donated \$100.00 toward Peggy's fundraiser.**

Marysville Lions sold raffle tickets for a raffle. The tickets are \$10.00 each and the drawing is on 8/30/11.

50/50 = \$50.00 - Tail Twister = \$14.00 - CCI = \$16.82

MSP to adjourn meeting. Meeting adjourned at 7:56 pm.

Minutes submitted by Lion Secretary Debbie Sparks

Board Meeting Minutes (August 25, 2011)

Meeting called to order by Lion President Sheri Vess @ 6:00 pm. Twelve board members present.

Guest Richard Eiselt from Lifetime Solar gave us a proposal for installing solar panels. The bid is for \$60,020.80 with a 25 year warranty.

Treasurer's report read. Administrative account -\$660.39 and community account \$3,046.10. MSP to **accept treasurer's report. Lion Berl will have a financial report at the next board meeting.**

Lion Susie made a binder with band information. The book is in a green binder and will be kept in the office. The BAFB family BBQ was a disaster because of non-attendance. MSP to pass a donation can @ next general meeting for the BAFB Booster club. Lion Chris to find out whom to make the check out to for an additional \$200.00 donation from the club.

Lion Mike F. will make a list to pass around at the next meeting for helping the Lioness with their dinners.

District 4-C1 is hosting the Multiple District 4 Council of Governors in October. They are putting together gift bags representing the different clubs. Items such as bottle water, candy, sewing kits, tooth brushes, combs, etc. and they will have a welcome label with the clubs name on it. MSP to buy 55 scented olive oil soap bars from Silverleaf Olive Oil for \$3.00 each.

The board reviewed the application for membership for Chris Kreider sponsored by Lion Bill Rocher. MSP to accept Chris into our club. The board reviewed Joan Anderson Caron application and it was **incomplete. She needs to have a sponsor's signature and follow the new member criteria.**

A new member must attend a board meeting, attend two general meetings with their sponsor, watch orientation video and attend another board meeting with their sponsor. MSP to have Lion Colleen write an amendment for our By Laws to be approved by the board of directors.

MSP to adjourn meeting. Meeting adjourned @ 7:36 pm.

Minutes submitted by Lion Secretary Debbie Sparks

TAIL TWISTER CHALLENGE

So, it is Labor Day weekend coming up. But Sept 1 is also Emma M. Nutt Day. Emma Nutt became the first woman telephone operator on September 1, 1878. She loved the job, and worked at it for 33 years. Today, the position has been eliminated being replaced by automation in telephone systems. To honor Miss Nutt, and all laborers from days gone by, I want our members to bring something personal from when they worked to the Sept 1st General Meeting. **NO SHARING.** It has to be something you used on **YOUR** job, when **YOU** were working, a wrench, a business card with your name on it and what you did, if you were a housewife, a spatula from home or a duster will do. **NOT FROM THE CLUB,** that is cheating. Be creative.

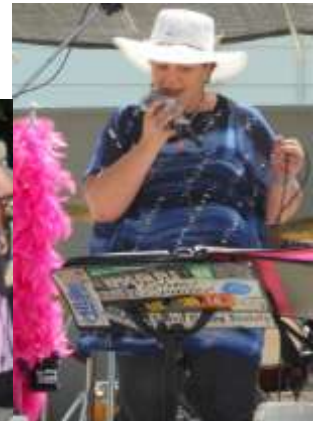
September 15th is Felt Hat Day. On this day, men traditionally wear a felt hat. Women can participate in this day, too. They just have to have a felt hat. Back in the early to mid 1900s, hats were popularly worn by both men and women. It was stylish. At that time, felt was a common material for men's hats. With cooler Fall weather approaching, the guys went to the coat closet and dusted off their felt hats, and began to wear them once more. Celebrating this day is easy....just wear a felt hat to the Sept 15th General Meeting. It can be of any style, as long as the material is felt. No other hat material will do. Looking forward to all the great looking felt hats!!

If you don't want to participate, you are more than welcome to pay the fine. This is all in fun and creativity. After all, who ever thought the Secretary would show up with Flippers!!!

Blues & Bikes

What a day we had! The 2011 Blues & Bikes was another success! With the help of my fellow Lion members, Sponsors, Sheriff's posse members, and attendees we raised over \$7,000 for the Yuba County Search & Rescue! A special thank you goes out to my Co-Chairs, Lion Chris B for the poker run, Lion Janet for the raffles (who's granddaughter stood in for her while she was away playing around across the pond, thank you Ms. Katelyn you did a fabulous job), Lion Gertie for taking EXCELLENT CARE of the band members and the BBQ crew (they don't want to do it without Gertie), Lion Joni for Ticket Table, Lion Mike Fitz for the beer booth, Lion Jean Marie for the great wine floosies, and Lion (s) Jeff, Susie, & Berl for cleanup on Sunday. I would also like to thank the Non-Lion members who stepped up and worked a booth or assignment without question; Chandra & Michael Akers (Raffles/Shirts) Mike Nakamura (Beer Booth), Carol & Al Beeson (Poker Run), as well as Ms Jolene & Ms Denise from Browns Valley Bar (who were cleaning & mopping the bathrooms Sunday morning!!) and ALL of our Air Force members from Beale AFB. Thanks to the many other Lions who helped setup, donated raffle items, or assisted with the many other things required to make this event a success. Couldn't have done it without you!!

Submitted by:
Blues Chairperson Lion Debbie Burlingame



THERE'S A NEW CLUB IN TOWN

(OPHIR LIONS CLUB OF OROVILLE)

They have printed up a Club Brochure (looks great) and T-Shirts, and have a lot of positive energy already in the works. It would be nice to get a group together and make a visitation, they meet on the 2nd & 4th Thurs of every month at the Western Pacific Brewery (the old Depot) next to the tracks. They have a large list of projects for the upcoming year, one of which is to collect durable medical equipment (walkers, wheelchairs, crutches, etc) and with our large membership maybe we could make a collection effort and donate to their Club? (They will pick up)

Their invitation to join their Club is very forthright—**"We serve because we care. We are looking for service minded individuals wanting to give back to the local community. It takes some commitment of time to join the Lions. If you think you have what it takes (time and willingness to help out with our projects), we invite you to take the step to join."**



Remember the Victims & Families of 9/11/2001

This is the 10th anniversary of 9/11 and I bet every one us can remember (just like when John F Kennedy and Elvis died) where we were. 9 11 left the world in a state of disbelief and anger that will not be forgotten.

We did not know you that lost your lives that horrible day, but we as Americans will NEVER forget and pray that you all Rest in Peace. We honor forever the courage of the FDNY and the many other fallen heroes that assisted in rescue efforts to save a life even to a point of losing their own. And, also those that had the task to clean up the aftermath at Ground Zero and trying to put the broken pieces together again.

We Must remain One Nation Under God

AND, YES to those that betrayed us—BE AFRAID



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HEALTHY SLEEP TIPS

- * Retire & rise within one hour of the same time EVERY day, even weekends.
- * Sip warm milk or herb tea before bed to raise body temperature.
- * Snack on protein & complex carbs up to 1 hr before bed.
- * Put work aside 2 to 3 hrs before sleeping.
- * If you fail to fall asleep within 25 minutes, get out of bed & read something soothing for a while.
- * Dim lights 2 to 3 hrs prior to bedtime & get out in bright sunshine for 5 to 30 minutes as soon as you arise to help set your internal clock to your sleep-awake schedule.

SAVE A BUCK

You don't have to buy the most expensive toothpaste to do the job. According to the American Dental Association, all that really matters is that you brush at least twice a day with a toothpaste that's ADA-accepted & contains fluoride.



Sprinkle crushed eggshells on your soil in your garden. They are a good organic fertilizer, plus they help to keep snails, slugs, and cutworms away.

THINGS TO LOOK FOR IN A FAKE CHECK

- Must have at least one perforated edge.
- Must have a bank logo (not faded).
- Check # upper right hand corner & in MI CR line.
- Look for stains or gaps around signature.
- **Bank's routing #, account #, and check # will all be printed in an unusual font at bottom of check**
- Routing #, less than or more than 9 numbers is clearly a fake.

THE FOLLOWING WERE DEvised OR POPULARIZED BY THE CIVIL WAR

1. Can Openers
2. Home Delivered Mail
3. Left & Right Shoes Shaped Differently
4. Premade Clothes in Sizes Small, Med, & Large
5. National Paper Currency

Recipe for your abundance of Zucchini

"Zucchini Fritters"

- 1 Pound Zucchini (about two medium)
- 10 Sprigs Finely Chopped Fresh Parsley
- 1 Clove Garlic (peeled & minced)
- 1 Tsp Salt 1/4 Tsp Black Pepper
- 1/2 Cup Flour 2 Lrg Eggs, Lightly Beaten
- 2 Tbsp Olive Oil 1 Tbsp Fresh Lemon Zest

Grate Zucchini in a medium bowl. Add lemon zest, chopped parsley, garlic, salt, pepper, and eggs. Mix well to combine. Slowly add flour, stirring so no lumps form. Heat 2 tbsp of olive oil in a nonstick skillet over medium heat. Carefully drop 2 tbsp of zucchini mixture into the pan. Repeat, spacing fritters a few inches apart. Cook fritters until golden-brown on both sides, about 2-3 minutes on each side. Repeat until mixture is gone. Serve with fresh lemon wedges (if desired).

Sounds yummy, enjoy.

MONTHLY TREASURER REPORT

AUGUST:

Variable Expenditures:

- Liquor License—\$340.00
 - Caterer Permit—\$567.00
 - Environmental Food Sanitation—\$357.00
 - Multiple Dist Four Semi Annual—\$1,122.00
- Income:
- Bar Profit—\$2,452.00
 - Membership Dues—\$280.00

- Administrative Acct Balance—\$323
- Community Acct Balance—\$3,046
- Community Development Balance—\$10,064

September Birthdays

Jean Akers	Sean Beermann
Howard Busch	John Downs
Kim Hall	Don Sherry
John Newlin	Julie Schmidt
Erma Schwarzer	Debbie Sparks
Jeff Trundy	Sheri Vess

BIRTHDAY DINNER—Sept 16th

**Lion Linda's Most Loved
Chicken Fried Steak & Fixins'**

SUNSHINE REPORT

LION DIANA WHEELER — is your Sunshine Reporter—Please get all your input to her - 741-1502

Our deepest sympathy goes out to Liz Thomas and prayers for peace and comfort due to the sudden passing of her sister, Val.

Lion Mike "Fitz"'s brother just underwent his 2nd heart surgery in 2 months, please send your prayers for a successful recovery.

Lion Sheri's dad is on the way to recovery, with a very good prognosis after his lung surgery.

Lion Barbara Metzner will be undergoing a long term treatment for a major illness, please keep her in your prayers for a full recovery.

Lion Dale Cross was in the hospital for 4 days, getting all kinds of tests because he was having problems breathing and was getting dizzy. They finally found an infection in his lungs. He is now home and taking antibiotics, let's all wish him a "get well quick".

Words from your President:

September already mmmmmmmmm let me see, where do I begin? First **off, I'd like to give this month's Kudos** to Lion Debbie Burlingame for chairing the Blues Fest. This years **\$\$\$'s went to the Yuba Co Sheriff's Posse**. Thank you Debbie for doing such a wonderful job organizing this event, I know our departed Lion Hank would have been very happy. I'd also like to thank everyone who helped with the Blues from Baskets to the kitchen help, Lions Gertie & Kim, to the wine booth Lion Jean Marie. But, most of all to the set up and clean up crews, the yard crew, the volunteers **from Beale and the Sheriff's Posse.....oh goodness I hope I didn't forget anyone. If I did I do apologize;** again, a big thank you to all that helped.



At this time, I'd like to take a moment for some personal thoughts, I would like to say thank you to all of you for **your support and prayers during my family's time of trouble....regarding my Mom passing in July, and the prayers for my Dad's surgery, we are taking one day at a time and he seems to be doing better. I haven't forgotten** about my survey, this will probably be coming your direction this winter..... As for this month, we have our Swap Meet and our Car Show events coming up, I hope to see a lot of you there.

Submitted by: President Lion Sheri

Cure for headaches: Take a lime, cut it in half and rub it on your forehead. The throbbing will go away.
OR
Take a lime, mix it with tequila, chill and drink!
All your pains go away!

Lion J's long time friend "**Charlie**" left him to join his canine friends, and **Lion Jeff's "demon dog—Sassy"** took that last long nap, she may not be so welcome in "**doggy heaven**", but **God IS forgiving. We're very sorry** Lions J & Jeff, we all know how hard it is to lose one of our furry friends.

Today's Message of the Day is:

You cannot propel yourself forward by patting yourself on the back.

Didn't I just see your little smiley face here last month?? YES

Lion Roberta did it again winning 50-50 for \$59.00 at our Aug 4 meeting. Way to go girl-friend, wanna go to lunch? :-)



Then we have a stranger person, Lion Dan from the Marysville Lions Club came and went with the loot from our 50-50 drawing of \$50.00. Did you make him buy some steer tickets Lion Gertie?

"Have you ever wanted to follow Indiana Jones around the globe searching for adventure? Well, Browns Valley resident Jennifer Powers did, and then she did it! The resulting adventures also helped bring home some of America's Missing in Action from the battles of World War II. As a team member of the **"Bent Prop Project"**, Jennifer also co-produced a documentary film about the teams efforts. The film **"Last Flight Home"** was released in 2007 and now the production team is working on the follow up/ companion book **"Lost in Palau"**. Jennifer will present information about the teams efforts, the film, the book and happily answer questions at our Sept 1st General Meeting.

DON'T MISS IT !!!

Submitted by: Lion Roberta

FROM THE EDITOR:

Hi everyone, maybe September will **bring a little cooler weather, even tho'** we have not had too bad of a summer **(except my PGE doesn't know it).**



I know we are all very busy in our own **lives, but I'd like to put a challenge out there to the** younger more fit members to offer some help to our elder and maybe not so fit members. We are all, by nature, private and proud when it comes to our personal **lives and don't want to ask for help even if we could use** it. Just look through your phone list and maybe there is **someone (you don't have to know them) that might need** some yard work done, a trip to the dump, a ride to the doctor, grocery store, or Lions meeting, climb up a ladder to fix a light fixture, etc. **It doesn't have to be advertised, just a good deed, quietly well done.** Give it some thought and thanks.

Jot down Oct 1 for Adopt-A-Hwy all you volunteers.

Send all letters, questions, or thoughts to strundy@syix.com, PO Box 8147, Marysville, or call 742-3041

Cut-Off for Bulletin publications is by the 25th of the Month

LION SUSIE TRUNDY, Editor



My "Special Thanks Corner"

So many of our members and non-members do outstanding work here and there and I would like to take this little section to recognize them through-out the year. **This month I'd like to acknowledge** Katelynn, Lion **Janet's granddaughter.** Unfortunately I don't have a picture of her sweet little face; but, she was the ultimate reason the **"Blues Baskets"** were so well organized. She spent MANY hours listing ALL the contents and value (totally unassisted), updated the banners, saw to it that the baskets were placed strategically on the patio, sold tickets all day, and saw to it that the drawing of the winning tickets ran smoothly. THANK YOU Katelynn & I hope you were rewarded. Lion Susie

Monday night taco night will be coming soon... Specific dates will be posted in the bar !!

LAUGH LINE - One day my housework-challenged husband decided to wash his Sweatshirt... Seconds after he stepped into the laundry room, he shouted to me, 'What setting do I use on the washing machine?' 'It depends,' I replied. 'What does it say on your shirt?' He yelled back, 'OHIO STATE!' OMG

September 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Gen Mtg 7 pm Jeff/Susie	2 Toby	3
4	5 Labor Day Mike F.	6 Lioness Mtg—7 pm Janet	7 Car Show  Mtg—6 pm Sally	8 Jean Marie	9 Carlos/Mary	10
11 Memory 9/11 Patriot Day Grandpar- ents Day	12 Mike F.	13 Gary W.	14 Joni	15 Gen Mtg 7 pm Jeff/Susie	16 BD Dinner POW/MIA Recognition Toby	17 Community Yard Sale 8 am—4 pm
18 Lioness Breakfast 8—10:30 am	19 Mike F.	20 Lioness Mtg—7 pm Linda	21 Car Show  Mtg—6 pm Sally	22 Board Mtg 6 pm Jean Marie	23 Set—Up Car Show 6 pm Autumn Begins Carlos/Mary	24 CAR SHOW 10 am-3:30 pm
25	26 Mike F.	27 Gary W.	28 Joni	29 Surprise	30 Toby	

WORTHLESS INFORMATION: (thought this was a better name)

The flea can jump 350 times its body length.

It's like a human jumping the length of a football field.





WELCOME NEW LIONS

2011/2012

Sierra Kanawyer

Inside this issue:

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UPCOMING EVENTS

Sept 5—Labor Day
 Sept 7—Car Show Meeting—6 pm
 Sept 11—In Memory 10th Anniversary of 9/11
 Sept 16—B-Day Dinner—Chicken Fried Stk—7 pm
 Sept 17—Community Yard Sale—8 am
 Sept 21—Car Show Mtg—6 pm
 Sept 23—Car Show Set-Up—6 pm
 Sept 24—CAR SHOW—10 am

Chartered 1983
 28 Years of Service

President
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 Immed Past Pres
 Jerry Sparks

Spirit Enhancer
 Mike Fitzgerald
 Club Manager
 Gertie Moore

District Governor
 Lee Hollowell

1st Vice DG
 Coy Moody

2nd Vice DG
 Maggie Robeson

Region Chairman
 Aaron Wheely

Zone Chairman
 John Newlin

CCI Trustee
 Paul Halcomb

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Hillbilly Express

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