



# HILLBILLY EXPRESS

LION SUSIE TRUNDY, EDITOR

JUNE 2012 PUBLICATION

FOOTHILL LIONS CLUB

## WILD HOG GLORY DAZE

*Kick-off to our outdoor summer events, let the fun begin !! Starting off with an array of fun things to do.*

*—Best pit BBQ ribs by our famous Chef—Lion Mike Saala*

*—Live Music by local band—GUILTY AGAIN*

*—Horseshoe Tournament ran by Lions Carlos, Pete, and Patrick*

*—Hilarious lawn mower races presented by Lions Jeff and Berl*

*—Pie eating contests with Pizza prizes*

*—Many crafters and vendors for your shopping enjoyment*

*—Gotta have one, Hot Dog Bistro with your hostess Lion Jean Marie*

*—Our legendary Hoosgow, monitored by Sheriff Lion Paul*

*—And, new this year for the kids, A Children's Play Museum featuring 5-hand's on creative activities*



Meetings—7:00 pm  
on the 1st & 3rd  
Thurs of Every  
Month

Foothill Lions  
Community Center,  
5667 Fruitland Rd,  
Loma Rica, Ca  
95901

(530) 742-LION  
District 4-C1, So

**PLEASE DON'T FORGET TO DONATE A  
RAFFLE PRIZE IF YOU CAN, MUCH APPRECIATED**

May 3, 2012 General Meeting Minutes

Meeting called to order by Lion President Sheri Vess @ 7pm, flag salute led by Lion Paul, song led by Lion Susie and prayer by Lion Diana. 32 members & 6 guests. Dinner served, thank you to the **Lioness' for a wonderful Mexican meal.**

**MSP to accept the Treasurer' report as published in the bulletin. MSP to accept the Secretary's minutes as published in the bulletin.**  
Old Business

Lion Sheri V. - We swept at convention! Top Club by Region; Best Grubb (Lion Jeff) Best Dressed Woman (Lion Gertie); Best Dressed Man (Lion J) **\*\*Little White Dove & Running Deer\*\*** Best Bulletin (Lion Susie); Best History Book (Lion Joni & all helpers); 1<sup>st</sup> timer winner (Lion Sierra) and Lion Sheri won the raffle prize of \$1,000. Way to go Loma Rica Lions!!

Lion Sheri V. - Cast for Kids event was a blast & very touching. Presented a plaque to the club. Lion Gertie - Thank you to

Lions Linda, Joni & Janet for decorating the club for Lion **Debbie Spark's memorial. It was beautiful.** Lion Jean Marie - Monday nite dinner of Brisket sandwiches made \$130 for the Grange. Met all needs for the scholarships & dictionaries. **Mother's Day Brunch still has tickets available.**

New Business

Lion Susie - Adopt a Highway Clean up on 5/19 & needs volunteers. Needs a B Day head count for Rib Eye Steaks on 5/25. Collection sent around for Lion **Debbie's Magnolia memorial tree** (collected \$81) WHGD meeting on Tuesday 5/8 @ 6pm. Pin design needs to be in by next meeting.

Lion Cindi - 4<sup>th</sup> of July BBQ meeting on Monday 5/7 @ 6pm. Flag poles have been ordered & in need of a lot of volunteers. Whatever monies not spent on the event will go towards the CA Vets memorial.

Lion Colleen - Sent around the current membership roster. lease review & update as necessary. Membership cards will be

at the bar for pick up. Lion John N. - Officer training on 5/19 @ 9am at Gridley Lions. Lion Linda - Dave Zabala doing much better **but Sally isn't. Need help with cremation services as all monies have been exhausted.** Going to have a casino nite; members & guests only.

Lion Sheri V. - Tentative 8/4 or 9/8 for a fund raiser for Needy Families of the Foothills. Lions Susie, Roberta, Janet & Colleen checking on local bands. Chico Lions visitation next meeting for the All Stars Football game. Lion John N. - Pikespeak Winery has music nites on Saturdays thru the summer. Lion Joni - Has tickets for CCI -\$5 each for a \$2,000 prize. Lion Janet - a 6 year old girl with cerebal palsy trying to track down the club member she knows.

Lion Debbie B. - Enchiladas & rice fund raiser Monday nite for Cast for Kids.

50/50 = \$33 Tail Twister \$10 MSP to adjourn meeting. Meeting adjourned at 8:20 pm

Minutes submitted by Secretary Lion Colleen

May 17, 2012 General Meeting Minutes

Meeting called to order by Lion President Sheri Vess @ 7:08pm, flag salute led by Lion Mike, song led by Lion Susie and prayer by Lion Diana. 28 members & 13 guests.

Introduction of guests. Visitation by Chico Lions Breakfast Club & Yuba Feather Lions Club. Dinner served, thank you to the

**Lioness' for a wonderful pork roast meal.**

Old Business

Lion Jean Marie - **Mother's Day Brunch** went fabulously.  
New Business

Presentation by Chico Lions Breakfast Club on the 35<sup>th</sup> All American Football Game & introduction of Tommy Sleva receiver **from E. Nicolaus. It's on July**

28<sup>th</sup> @ 5pm/8 man game & 8pm for 11 man game at the Bob Reed Memorial Stadium in Anderson. Hospitality RV provided by the Dunnings. All monies go to Camp McCumber. Last year raised \$10,000.

Lion Susie - Reminder Adopt a Highway clean up on Saturday at **8am. It's tick season & will be warm.**

(Continued Next Page)

Everyone at convention was given **a Blue Spruce. If it's still alive** need to bring it down so all can be planted at once as we will get credit from International. Have 4 submissions for the new Pin design. Will have a committee & a decision by the next meeting. The Birthday dinner is \$10/Rib **Eye steaks ¾" thick (whew)** Sign up sheets sent around for WHGD. If everyone brings 1 raffle we will have plenty. Lion Sheri overseeing raffle table & prizes.

Lion June discussed CCI. Keep in mind for disabled veterans. The dogs need lots of training & love.

Lion Sheri V. - Regarding WHGD has Lion Sherry for the judge & Lion Paul for the sheriff. Think-

ing of contacting high schoolers to help in the kitchen, serve & act as deputies for the day. Needs help with the raffle table. Lion Peggy has kids at juvenile hall that need to do community service so could help with WHGD. Would be accompanied by 3 supervisors. No needs for transportation or lunch.

Lion Jeff - Having the lawn mower races. Mower has to be capable of mowing the grass & have a mower deck.

Lion John N. - Browns Valley Elementary having a flea market on Saturday & accepting donations.

Lion Sheri V. - Alcouffe Center having a car show on Memorial Day weekend. We received a thank you from Loma Rica Ele-

mentary for the monies to go to Shady Creek. The flyers for Warm September Nights are in the bar & she already has 5 submissions. Thank you to those that have signed up to assist the **Lioness' with dinner.**

Lion Paul - Officer training in Gridley 5/19 from 9-12. Then auto show 12-4. The new eye machine will be there which we can request to have for a function.

Lion Peggy - Thank you to everyone for **Lion Debbie's memorial.** 50/50 = \$44. Tail Twister = \$9.00.

MSP to adjourn meeting. Meeting adjourned at 8:20pm.

Minutes submitted by Secretary Lion Colleen

Board Minutes 5/24/12

President Lion Sheri called the meeting to order at 6pm.

Lion John N. introduced Rhonda Flores; she has been to 3 meetings. Postmaster of Browns Valley Office; Blue Star Mom; interested in vision issues & helping the elderly. After her departure, board voted to approve Rhonda as a new member as of 6/1/12. Lion Jerry S. apologized as will be missing WHGD. Need a new rib carver.

**NEW BUSINESS:**

Lion Susie presented the May financials. Unrestricted funds; \$1,753.44 in Administrative & \$4,587.98 in Community accounts. MSP to accept the reports.

Lion Susie - The club is missing a leaf blower & large ladder. To publish in the bulletin.

Lion Colleen clarified that \$65 was donated & board approved \$200 in

**emergency funds to the Zabala's.**

Approved via a phone vote by 10 members. Monies have been delivered. Also Cindy of Needy Families has a band that will play for free & sending a CD so that we can know what the band sounds like. She also has storage availability for furniture donations. Need to recheck dates for the fund raiser; 8/4, 7/21 or 7/28 & check with Pinkie. Lion John D. is meeting with the funeral home director on **5/25 with regards to the Zabala's.**

Sally is done with the last chemo treatment & scheduled to have a new MRI in 5-8 weeks depending upon her health. Lion Debbie B. presented a request to hold Zumba classes at the hall. She is to check into dates & fees & get back to the club.

Lion Susie - Club to have a casino nite to raise funds for the **Zabala's. Need to check with Lion**

Linda S. regarding the event & dates.

Lion Sheri V. - She has tickets for the All Star game. MSP to pay for the \$250 ad with a picture of the player. Lion Colleen to check into how to set up the ad. She has the **Lioness' report for May. Lion Diana W.** is having surgery on 6/15. We need to put together a yard party.

Lion Mike F. - Changing over from Pepsi to Coke Cola due to monies saved. Meeting on Wednesday at 5:30 if anyone interested.

Lion Paul is looking for a Zone Chairman; oversees 4-5 clubs. Lion Debbie B. may be interested. He is also doing an induction at Wheatland on 6/20.

MSP to adjourn the meeting at 6:50pm.

Minutes submitted by Secretary Lion Colleen

# MOTHER'S DAY

Hopefully, your Mother's Day was an exceptional Day. The gala at our Lions club WAS. It's a 4-day ordeal setting up, preparations, decorating, cooking, serving, clean-up; but what a fantastic production for the Mothers that could attend. Our "handsome" serving men were at their very best, the food was commented on as being "better than a 5-star restaurant", and our meeting hall was transformed into an elegant dining area. Just imagine starting off with a shrimp/avocado appetizer followed by shrimp & avocado omelets topped with a sprig of asparagus or eggs benedict smothered with great hollandaise sauce. Biscuits and hash browns and yummy gravy with ham/bacon/sausage, waffles topped with strawberries and whipped cream and desserts to die for and all topped off with mimosas, better think about getting your order in for next year. THANK YOU LIONS JEAN MARIE & LINDA AND WORKERS.



## UPCOMING

**Helen Keller's birthday is June 27th**, born in 1880. During a speech given to the Lions International Convention, held in Ohio in 1925, she challenged the organization to become "Knights of the Blind" in the crusade against darkness. This gave the Lions International their main mission which we carry on today. Henceforth **June 1** would be remembered as "**Helen Keller Day.**" Lions around the world implement sight-related service projects on Helen Keller Day and we could all take a moment and remember her and what she did for the blind.

Helen Keller was not born blind and deaf; at nineteen months old she contracted an illness described as an acute congestion of the stomach and the brain which could possibly have been scarlet fever or meningitis. At age 24, Helen was the first deaf/blind to earn a Bachelor of Arts degree. She devoted much of her later life to raising funds for the American Foundation for the Blind and many other organizations receiving numerous awards for her work.



**HAPPY BIRTHDAY HELEN AND THANK YOU FOR YOUR INSPIRATION —**

# THIS & THAT

## HOW TO SURVIVE A HEART ATTACK IF ALONE

Since many people are alone when they suffer a heart attack, this article seemed to be in order.

Without help, the person whose heart is beating improperly and who begins to feel faint, has only about 10 seconds left before losing consciousness. However, these victims can help themselves by coughing repeatedly and very vigorously.

A deep breath should be taken before each cough, and the cough must be deep and prolonged, as when producing sputum from deep inside the chest.

A breath and a cough must be repeated about every two seconds without let up until help arrives, or until the heart is felt to be beating normally again.

Deep breaths get oxygen into the lungs and coughing movements squeeze the heart and keep the blood circulating. The squeezing pressure on the heart also helps it regain normal rhythm. In this way, heart attack victims can get to a hospital.

## "RATTLESNAKE SAFETY"

- ◆ Keep your yard free of clutter and tall grass
- ◆ Always watch where you put your hands and feet
- ◆ Never reach into holes or crevices with your hands
- ◆ Never place hands under rocks or logs to move them
- ◆ Never reach up onto a ledge above your sight
- ◆ Stay on paths when walking near tall grass
- ◆ Wear boots and loose jeans in an area where snakes may be
- ◆ Carry a walking stick
- ◆ Do not walk or jog in the dark
- ◆ Remember rattlesnakes are also hazardous to pets, vaccinations are available to improve survival chances

What is the difference between http and https? You probably **know, but for those that don't.....**

The main difference between <http://> and <https://> is it's all about keeping you \*secure\*. http stands for Hyper Text Transfer Protocol and the S (big Surprise) stands for "Secure".. If you visit a website or web page, and look at the address in the web browser, it will likely begin with the following: <http://>.

This means that the website is talking to your browser using the regular "unsecured" language. **It is possible for someone to "eavesdrop" on your computer's conversation with the website.** If you fill out a form on the website, someone might see the information you send to that site.

This is why you never ever enter your credit card number in an http website! But if the web address begins with <https://>, that basically means your computer is talking to the website in a secure code that no one can eavesdrop on. **Just be careful and aware.**

## TICK REMOVAL

A nurse discovered a safe, easy way to remove ticks so that they automatically withdraw themselves. She believes this is the best way to remove a tick. Apply a glob of liquid soap to a cotton ball. Cover the tick with the soap-soaked cotton ball and swab it for a few seconds (15-20). The tick will come out on its own and be stuck to the cotton ball when you lift it away. This technique has worked, and it's much less traumatic for the patient and eliminates the chance of leaving the end embedded. Worth a try.

If you want someone who never criticizes what you do, doesn't care if you are pretty or ugly, fat or thin, young or old, who acts as if every word you say is especially worthy of listening to, and loves you unconditionally, perpetually .....then adopt a dog.

FUN BIRTHDAY DINNER with a great turnout; the BBQ was smoking', the steaks were so good (Beale commissary special),



yummy crispy baked potatoes, gooey bread, and salad (had to have one thing healthy). We had a ton of birthday babies (12) in May, September must be a very industrious month. And, the profit of \$206.00 goes towards the ladies bathroom fund, should get started on the remodeling "real" soon. We might even have enough to spruce up the "boys" a little. Thank you Lions Joni and Susie for hosting this dinner.



CONGRATS—Lion Sheri has a new grandson, Suny Marshall coming in at 7 lb, 15 oz., and Lion Janet a new granddaughter, Halle June weighing in @ 9 lb 14 oz, wow Girls rock. Sorry, we didn't have a picture of Halle, but all moms and dads and babies are doing fine, along with the VERY proud grandparents. Are you two in a race for the most grandbabies or something? Let's see that makes 11 for Lion Sheri and 9 for Lion Janet. Way to keep the population totals up.



NEEDY FAMILIES IN THE FOOTHILLS need our help for adult hygiene items such as toilet paper, depends, handi wipes, soap, etc. OUR TAILTWISTER CHALLENGE for next meeting (June 7th) is going to be that EVERY MEMBER bring (1) such item. It will be very inexpensive for us (unless you DON'T bring one then you will be FINED) as individuals, but very prosperous for those in need. GREAT IDEA, let's show the community how much we care. We might even do this once a month, what do you think?

MONTHLY TREASURER REPORT

MAY:

Variable Expenditures:

Sprinkler Repair/Timers—\$221  
Donations—\$710

Income:

Bar Profit—\$2,092  
Membership Dues—\$940

Administrative Acct Balance—\$1,753.44  
Community Acct Balance—\$4,587.98  
Community Development Balance—\$10,403.65

I know some of you are Sudoku fans and this will probably be too easy for you, but for us beginners it might be fun. Answer on Page 8 and **DON'T PEEK** ---

		4		3			5
	3	8		6	7		
5						6	2
			3			9	5
	9		4		2		6
	8	1			6		
6		3					9
			7	9		3	1
9				1		2	

FROM SUDOKU TO EXERCISE YOUR MIND BY FRANK LONGO (AARP/STERLING, 2004)

**Sudoku**

Fill in the grid so that the numbers 1 through 9 appear only once in every horizontal row, every vertical column and every 3x3 mini-box. Only one solution is possible.

# June Birthdays

Darrell Carlson            Pete Contreras  
 Gary Gildersleeve      Jim Kennedy  
 Gertie Moore            Gene Sexton  
 Kenn Vess                R G Woods

BIRTHDAY DINNER—JUNE 15th

Lion Gertie's Meatloaf

## SUNSHINE REPORT

LION DIANA WHEELER — is your Sunshine Reporter—Please get all your input to her - 741-1502

Many of our Lions have been under the weather and need some TLC ———  
 Lion June Brown has had the wretched pneumonia, Lion Mike Fitz suffered with bronchitis. Lion Gayle Diamond has arthritis in her neck and spine and in a lot of pain. Lion Gary W. recovered nicely from knee surgery; but, oh boy, ask to see his scar. Please keep **Lion Roberta's sister, Judy**, in your prayers, prognosis for her is not good, Lion Roberta could use a big hug.  
 Condolences to Lions Mike & Linda **who's** sister-in-law recently was taken to heaven. **We've been missing** Lions RG & Marilyn Woods and just found out he is suffering **from a very BAD case of Shingles, let's all** wish him well and to get rid of those nasty things.

Lions Mike and Cindi are new grandparents—a litter of puppies (have 5 remaining) Wow—Congrats, having sleepless nights?

### Words from your President:



First let me apologize for not getting in a word or two last month! I was pretty busy along with Lion Colleen getting things in order with the passing of our Lion Debbie S. I am happy to say I do believe we have things back under control. Thank you Lion Colleen for jumping right in and handling the Secretarial work.

Now onto May.....WOW.....What a WONDERFUL Mothers Day Brunch at our very own Lions Club. Kudos to Lion Jean Marie--chairperson, and her crew. A big THANK YOU to all the Handsome Serving Men. This was the first one I have attended, and I truly enjoyed myself.

As you all know Lion Susie has been the chairperson for our Adopt a Highway Project, a big THANK YOU GOES TO EVERYONE that has been helping with the cleanup. Also to those that have been keeping our Lions Grounds looking so pretty, a big thank you to everyone.

Our first meeting in June will be our awards night, so please attend, our second meeting will be the induction of new officers, then the board meeting will be with the old board and the new board members.....

I do have a few surprises!

In June we will have our Wild Hog Glory Daze, and Lions Susie and Joni are chairing this event, and they need volunteers, so please contact one of them. I will be in charge of the Raffle table, and I need workers and raffle prizes if you can work a couple of hours please let me know.

Submitted by President Lion Sheri

### Today's Message of the Day is:

No matter where life takes you, Never forget where you came from.

NEW WINNER—Lion Cindi won the 50-50 @ the 1st meeting in May for \$33.00 and donated it all to her **Veteran's 4th of July BBQ fund.** Congrats.



FROM THE EDITOR:

I think Mother Nature finally made up her mind that spring and summer should make their appearance without the rains. Even though it was nice to keep things cool and clean it was very confusing for the plants and flowers. Maybe not, but it **seems to me that the "bloom" season was very short, most of my flowers have come and gone already.** Hopefully, our veggie gardens will do better. I do have some little green tomatoes already.



**Little note to say "thank you" for sending me your silly jokes, comments, stories, etc throughout the year. I periodically use them in the bulletin and it's good info, I appreciate it.**



New face again, woo hoo, Lion Mary won the 50-50 @ our 2nd monthly meeting for \$44.00. Good job, let Lion Carlos buy those tickets all the time.

I hope everyone had a very nice Memorial Day and took a moment to remember and thank those that gave their lives so that we might live in this glorious USA. I want to personally say thank you to all our service men and women, past and present, for your unbelievable courage, commitment and sacrifice. From the time I was a young girl, I have always respected and admired those who serve... something about "love of country" gets to me **every time, I'm so thankful that I was born an American.**

**Sudoku**

1	6	4	2	3	9	7	8	5
2	3	8	5	6	7	1	9	4
5	7	9	1	4	8	6	3	2
4	2	6	3	8	1	9	5	7
3	9	5	4	7	2	8	6	1
7	8	1	9	5	6	4	2	3
6	1	3	8	2	4	5	7	9
8	4	2	7	9	5	3	1	6
9	5	7	6	1	3	2	4	8

**Missing Piece**  
Number 1

ANSWER

How did you do?  
I bet it was a snap for Gary W.

**HELP I'M LOST AND NEED TO COME HOME**

**I'M RED IN COLOR AND 10 FEET TALL AND I LIVE IN THE HALL CLOSET AT THE LIONS CLUB.**

**I'VE BEEN GONE FOR A COUPLE MONTHS NOW AND THEY NEED ME. I WAS LAST SEEN DURING THE BUILDING REPAIR WORK WEEKEND. MY COUSIN, THE YELLOW 8 FOOT DIRTY ONE THINKS HE'S TAKING MY PLACE, BUT IT'S NOT HAPPENING, HE CAN'T DO THE JOB I DO.**

**IF YOU KNOW OF MY WHEREABOUTS, PLEASE GIVE ME A RIDE HOME. IT WOULD BE GREATLY APPRECIATED BY ALL. SINCERELY, RED LADDER**

Send all letters, questions, or thoughts to [strundy@syix.com](mailto:strundy@syix.com), PO Box 8147, Marysville, or call 742-3041

**Cut-Off for Bulletin publications is by the 25th of the Month**

LION SUSIE TRUNDY, Editor

**THANK YOU my "trashy" Ladies, I am so thankful for**

you. Lions Joni, Jean Marie, Kim, and those non members, Chrissy and Dolores. Maybe we can get a full team next time, we still did 15 bags in 2 hours. Good Job ladies !!!!!





LAUGH LINE— My grandpa started walking five miles a day when he was 60 years old. He's now 97 and we have no idea where the hell he is.

IF YOU HAVE MEETING OR EVENT DATES FOR THE CALENDAR  
PLEASE CONTACT ME DIRECT TO MAKE SURE OF ENTRY.

# June 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Carlos/Mary	2
3	4 4-H Mtg Mike F.	5 WHGD Mtg 6 pm Gary W.	6  Sally	7 Gen Mtg 7 pm Jeff/Susie	8 Set-Up for WHGD Toby	9 WHGD 11-4 pm
10	11 Mike F.	12 Linda	13 Joni	14 Jean Marie	15 Birthday Dinner-7 pm Carlos/Mary	16
17 Lioness Breakfast 8:30-10 am	18 Mike F.	19 Linda	20  Summer Begins Sally	21 Gen Mtg 7 pm Jeff/Susie	22 Toby	23
24	25 Mike F.	26 Car Show Mtg-6 pm Gary W.	27 Helen Keller's B.D. Joni	28 Board Mtg-6 pm Jean Marie	29 Carlos/Mary	30

WORTHLESS INFORMATION:

IT'S IMPOSSIBLE TO LICK YOUR ELBOW, I BET YOU TRIED





**WELCOME NEW LIONS**

**2011/2012**

**Sierra Kanawyer      Lissa Brown**

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**UPCOMING EVENTS**

- June 9—WHGD—11 am
- June 15—Birthday Dinner—**Lion Gertie's Meatloaf**
- June 20—Summer Begins
- June 27—**Helen Keller's Birthday**

Chartered 1983  
 29 Years of Service

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 Aaron Wheely

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 John Newlin

CCI Trustee  
 Paul Halcomb  
 June Brown

Hillbilly Express

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