



HILLBILLY EXPRESS

LION SUSIE TRUNDY, EDITOR

DECEMBER 2011 PUBLICATION

FOOTHILL LIONS CLUB

MERRY CHRISTMAS

The "season" is here and our hearts are open:



"LOVE LIGHTS A TREE" will be Dec 1st to remember and create awareness for all those that "have" or "have not" survived Cancer, bring your candle and prayers. Pot Luck with Lioness providing the Ham.

GIFT EXCHANGE & PJ PARTY Dec 15th, if you're a woman bring a girly gift, a man bring a manly gift (\$15 limit). Your children are also invited, bring a child's gift and SANTA will be there to hand out. Ham for dinner is provided, just bring a side dish to compliment.

The annual "Christmas Party" at Foothill Elementary will be on Dec 16th, with gifts for ALL students and real live Santa Claus. Please make sure your gifts are at the Club NO LATER than Dec 15th. **THANKS** to **ALL** of Santa's Elves.

As a result of **Lions Debbie B and Janet's "taco nights"** we have \$757.50 in our "food & toy" basket fund to help local needy families have a "happy" Christmas. We need help shopping and preparing these baskets, get in touch with Lion Peggy Myers if you would like to help.

HAPPY NEW YEAR

Meetings—7:00 pm on the 1st & 3rd Thurs of Every Month

Foothill Lions Community Center, 5667 Fruitland Rd, Loma Rica, Ca 95901 (530) 742-LION

District 4-C1, So Butte Region, North Zone

New Year's Eve Dance will be Saturday, Dec 31st. Join us to help bring in the new year with all your Lion friends and Guests, bar opens at 7:00 pm and the band tunes up at 8:30 pm. Wonderful **50's & 60's music** by Road Test, party favors, champagne, and finger foods and for "luck" Black Eyed Peas @ midnight all for only \$10.00 per person. Please help by bringing a finger food and wear your dancing' shoes. Lions Colleen & Gertie are your co-hosts so get with them to see if they need any help, will need help to decorate.



General Meeting Minutes (November 3, 2011)

Meeting called to order by Lion President Sheri Vess @ 7:00 pm, flag salute led by Lion J Mowery, song led by Lion Susie Trundy and prayer by Lion Diana Wheeler. We had 39 Lion members and 7 guests present. **Dinner served, thank you to Lioness for a wonderful meal. MSP to accept the Treasurer's Report as read in the bulletin. MSP to accept the Secretary's Minutes as read in the bulletin.**

Lion Susie reported on our Halloween Dance. We had great 50's&60's music and costumes. Lion Jean Marie reported on our Kids Halloween Trick or Treat. We had 70 kids. Thank you to everyone who participated. The Lioness announced their upcoming Veteran's Day Ham Dinner on 11/12/11 @ 5pm.

The Sunset Buttes Lions are selling tickets for a beautiful basket, total value over \$500.00. All proceeds for community projects including Yuba-Sutter Coats for kids.

Lion Debbie Sparks passed around a sign up sheet asking Lions to donate a Christmas gift to the mentally challenged kids at Spring Valley School.

Lion Roberta Halcomb reported on our upcoming Crab Feed on 11/5/11. Set up is @ 6 pm on Friday **11/4/11 and we'll start cooking on Saturday @ 8:30 am.**

Lion Mike Fitzgerald is selling limited addition of the 11/11/11 Veteran's Pins for \$10.00 each.

Lions White Cane day will be on 11/19/11. Lions meet at the club at 8:30 am and work the four corners from 9 am to 12 pm.

Lion Jean Marie reported on the Veteran's Day parade on 11/11/11. We will decorate the float @ 9 am and the parade starts @ 11 am.

Lion Jean Marie reminded everyone that the b-day dinner will be on 11/19/11 @ 5:30 pm. She will be cooking ribs with all the trimmings.

Lion Susie reported that we raised \$192.00 for CCI through the SHARES program.

IPDG reminded everyone that the Cabinet Meeting will be December 3rd & 4th at our club house. See flyer on bulletin board for more information.

Lion Mary Burnett reported on our up coming Lions Game Day on 11/20/11 at the club from 11 am to 5 pm. Bring your own meat to BBQ along with a side dish.

50/50 = \$54.00 - CCI = \$10.00 - Tail Twister = \$17.00 MSP to adjourn meeting. Meeting adjourned at 8:22 pm.

Minutes submitted by Lion Secretary Debbie Sparks

Foothill Lions Club Invoice

Print Name _____

Mail To: Foothill Lions Club
5667 Fruitland Road
Loma Rica, CA 95901



Date _____ Check # _____ Amount _____

Enclosed payment for Jan 2012 to Jul 2012 \$ 30.00

If you have added any dues that are in arrears \$

TOTAL PAYMENT ENCLOSED: \$

Or you can give the payment to Lion Secretary
Debbie Sparks. Any questions call Lion Debbie Sparks
at 743-9311.

General Meeting Minutes (November 17, 2011)

Meeting called to order by Lion President Sheri Vess @ 7:00 pm, flag salute led by Lion Kenn Vess, song led by Lion Susie Trundy and prayer by Lion Roberta Halcomb. We had 36 Lion members and 6 guests present.

Lion Sheri reminded everyone of the following upcoming events; District 4-C1 Cabinet Meeting will be December 3rd & 4th at our club house. White Cane Day is 11/19/11 from 9 am to 12 pm @ the four corners. Ribs with all the trimmings B-Day Dinner is 11/19/11 @ 5:30 pm. Lions Fun Game Day is 11/20/11 @ 11 am to 5 pm.

Lions that brought a Turkey donation please stay after meeting for a photo.

Dinner served, thank you to Lioness for a wonderful meal.

Introduction of the Head Table. DG Lee Hollowell gave a speech on Lions Membership Growth, starting new Leo clubs and a new Eye Testing Machine.



DG Lee presented IPDG Paul Halcomb with a Certificate of Appreciation from the Past International President for his services as DG for the year of 2010/11.

The Lions presented DG Lee with a \$100.00 check to go toward the Student Speaker Foundation.

The Lioness also presented DG Lee with a \$100.00 check to go toward the Student Speaker Foundation.

50/50 = \$53.00

MSP to adjourn meeting. Meeting adjourned at 8:27 pm.

Minutes submitted by Lion Secretary Debbie Sparks

Board Meeting Minutes (November 21, 2011)

Meeting called to order by Lion President Sheri Vess @ 6:02 pm. Thirteen board members present.

Treasurer's report read. Administrative account \$2,982.13 and the community account \$3,466.80. MSP to accept the Treasurer's report.

Lion Colleen Kelly wrote an amendment for our By Laws regarding new member criteria. MSP to accept the changes. This will be presented to the members at the general meeting.

MSP to wave the deposit for the December Cabinet meeting.

Lion Peggy Myers to chair the Christmas baskets for the needy.

MSP to donate \$100.00 to the Blazer Cheerleaders to they can go to the Nationals in Las Vegas.

Return raffle tickets to Lions Camp at Wrightwood in southern California.

MSP to donate \$100.00 to the Lions Youth Foundation.

MSP to donate \$100.00 to our local Salvation Army.

A Hand Up Ministry is asking for donations of gently used clothes, coats, blankets, etc.

MSP to adjourn meeting. Meeting adjourned @ 7:02 pm.

Minutes submitted by Lion Secretary Debbie Sparks

HALLOWEEN

BIG KIDS



Who had more fun @ Halloween the “big” kids” or the “little” kids”? “TRICK or TREAT STREET” was even bigger and better than last year. We had over 70 kids ALL in costume attend and a special treat was the free hotdogs prepared by Lion Linda & her helpers, and the balloon doggie hats made by Lion

Marilyn. Thanks to Lion Joni & her decorating crew and those that provided the finger foods. Much fun was had by all. Special thanks to Lions Jean Marie & Berl..



Little Kids



VETERAN'S PARADE

Thank you all for your participation and helping to make the **Foothill Lions "the best"**. The applause was very heartwarming as our float passed by the spectators with our **"veterans"** proudly waving back to them. We had a **great turnout and our float was "super"**. Thanks to Lions Berl and Jean Marie for making it happen and Lion Mike Fitz for his involvement in the parade's future.



WHITE CANE DAY—Every year I am so amazed and thankful for our little community and their generosity in giving. So many are out of work, but they still managed to give a dollar or the change out of their ashtrays. Total collected was \$628.97. **If you missed our annual "drive" you can still give to the fund, just see Lion Susie and she'll gladly accept your donation.** Big THANKS to the volunteers, Lions J, Paul, Janet, Sheri, Gary S, and Susie.



TURKEY BIRDS—I would like to thank the following Lions who donated a Thanksgiving Turkey for families less fortunate than ourselves:
Submitted by Lion Debbie Sparks



Diana Wheeler Colleen Kelly Dave Thomas Berl Jean Akers John Stevens
 Jeff & Susie Trundy John Newlin Paul & Roberta Halcomb Bob Winchester
 Debbie Burlingame Jean Nehl Sean & Chris Beermann Peggy Myers
 Foster & Vera Rein J Mowery Gertie Moore Jerry Sparks Gary Simkins
 Pete Contreras Kenn & Sheri Vess Gary Williamson

TID BITS

IT'S TIME TO WINTERIZE YOUR RV, if you haven't already and they won't be in use, minimum suggestions:

Drain the entire fresh water system.

Flush a gallon of RV anti-freeze or windshield washer fluid down the toilet and pour 1/4 cup down each gray water drain.

Fill propane containers and fully charge each battery.

Turn off all circuit breakers and disable the inverter.

Position coach with a slight lean to one side and remove weight from tires and suspension.

TAIL TWISTER CHALLENGE: On Dec 1st it is Eat a Red Apple day, so bring a whole big, juicy red apple with you, no parts or pieces and no sharing, bring your own to the meeting to avoid a fine.

On Dec 15th, since we are wearing pajamas, wear a goofy Christmas hat or pay a fine.

See you all next month, I won't be fining for vests, since there are no vests in December, but don't be late, I can still fine you for that!!
Submitted by Lion Chris

Actual "Home Remedies", the following are cheap, easy to find, and there's actual scientific proof that they work.

HONEY—Spoonful can help quiet a nighttime cough.

LIQUID DISH SOAP—Wash area affected by Poison Oak within 2 hours of contact to help prevent getting the itching red rash.

CHERRY JUICE—Help prevent gout attacks, relieve muscle soreness and pain after exercising.

BABY SHAMPOO—Half and half solution of shampoo and water is a simple way to clean eyelids that are itchy, red, or crusty.

MENTHOL RUB—Safe, cost-effective treatment for toenail fungus.

WITCH HAZEL—Clear, refined extract has been used as an astringent to help tighten the skin and relieve inflammation.

GINGER—Can reduce nausea and relieve motion sickness.

WATER—Gargle daily with plain tap water to help cut the number of colds you get.

MILK OF MAGNESIA—Dab liquid on canker sore, can temporarily soothe the pain.

CRANBERRIES—Daily juice can help prevent bladder infections.

MONTHLY TREASURER REPORT

NOVEMBER:

Variable Expenditures:

Property & Liquor Liability Ins —\$2,997

Donations—\$450

Income:

Bar Profit—\$1,432

Lioness Crab Feed Profit—\$2,491

Membership Dues—\$210

Administrative Acct Balance—\$2,982.13

Community Acct Balance—\$3,466.80

Community Development Balance—\$10,297.98

Do You Have something to GIVE?

Could you look through your closets or garage for any can goods, coats, mittens, scarves, socks, toiletries, doggie articles, blankets, tarps, camping gear, sleeping bags, tents that **you don't use or have even forgotten about?** Foothill Lions would like to make a contribution to **"A HAND UP" Ministry to help the homeless** in our area. These people are lost, lonely, hurting, and the majority very hopeless people. If we can help out (even in a small way) it WILL MAKE A DIFFERENCE !! Please bring your items to the Club by Dec 21st, and I will collect and deliver to Y/S—A Hand Up. I've provided the **Christmas tub and it's in the bar for your donations.** Thank you, Lion Susie

December Birthdays

Sue Bird Debbie Burlingame
 David Culp
 Cindi & Mike Fitzgerald
 Neil Harrington Steve Lowe
 Foster Rein Diana Wheeler

BIRTHDAY DINNER

We have NO volunteers to provide Birthday Dinner for our December babies, would you like to????

SUNSHINE REPORT

LION DIANA WHEELER — is your Sunshine Reporter—Please get all your input to her - 741-1502

Lion Barbara Metzner's meds are agreeing with her so far, she is feeling good and will find out soon if they are doing their job.
 ~~~~~  
 Prayers and thoughts to Lion Korin for the recent loss of her Father-In-Law, **he's now in a very peaceful place.**  
 ~~~~~  
 Many of you may not ever have met Lion Erma Schwarzer, but she and her husband Lenny were long time members. She passed on Thanksgiving Day and our thoughts and **prayers are with the family. I've posted a very nice letter from her nephew in the bar.**

Henry Wadsworth Longfellow

I heard the bells on Christmas Day
 Their old familiar carols play,
 And wild and sweet the words repeat
 Of peace on Earth, good will to men!

Words from your President:

Well, December is upon us, and it's the busiest time of the year. At this time I would like everyone to take a minute and BREATHE, relieve some of the tension and stress and enjoy the moment. I personally LOVE the Holidays. For me its all about FAMILY, FRIENDS, and HELPING the less fortunate.



Dec 3rd & 4th is our District Cabinet Meeting beginning Sat @ 8 am, you can attend workshops and work towards your Lions pin, plus it lets you know more about being a **Lion. Then we have our New Year's Eve Dance,** with Road Test playing, hope to see you there, and yes Kenn and I will be dancing up a storm.

This month's Kudos's go to several Lions, first Lion

Roberta and her crew for working the Crab Feed, and Lions Janet and Debbie B for the wonderful Tacos, with proceeds applied to our holiday baskets. Lion Debbie S. for chairing the Turkey Drive and to all the Lions who brought in Turkeys, Lion Mary B. for chairing the first Lions Game Day, this was a very fun day. To Lion Susie for chairing White Cane Day, Lions Susie, J, Paul, Janet, Gary S. and myself worked the four corners and Gold Eagle Market, we proudly brought in over \$600.

We have completed three Club Visitations and I WOULD LIKE TO HAVE "MORE", so on Dec 8th we are planning a visit to Oroville, if you are interested in going, contact me or Lion Debbie Sparks.

To our Lions at Large.....be safe, know we miss you, and we are here.....

Now to EVERYONE.....MERRY CHRISTMAS.....A VERY HAPPY NEW YEAR.....and last but not least.....GOD BLESS YOU ALL.

Submitted by: Your Prez Lion Sheri

Dear Santa, This year, please give me a big fat bank account and a slim body. **And please don't mix those two up** like you did last year. Thanks

Today's Message of the Day is:

Either you control your attitude or it controls you.



Oh my goodness, is this possible AGAIN. Lion Bob winning the 50-50 for \$54.00 at the 11/3 general meeting. He said he was embarrassed to raise his hand, but he did spend it all at the bar. Thanks Lion Bob.

Now who is this smiley face? Lion Paul won the 2nd 50-50 of the month for \$53.00, and he even shared with Lion Roberta (1/2 & 1/2), what a guy.



FROM THE EDITOR:



If some of the short daylight days of winter get you down and you miss your **gardens, add some "house" plants to your indoors.** I do have a sunroom, **but even if you don't you can set a** plant near a window, in your kitchen or bathroom and enjoy. There are so many, not only green and leafy, but flowering and beautiful. And, you can all do it, some **hints: Don't "over" water, once a week or less is best depending on dryness of soil, use nice loose soil, don't "over" feed, replant into larger pot when you bring home** from store, and remember they need sunlight. Tending to your plants can help soothe the soul and lower blood pressure, you can talk to them too. :-)

Merry Christmas to you all, I pray that you all have a **"happy" time making new memories with friends and family.** To me, getting together with "family" (of any kind) is the best gift. Have a safe and fun New Year. Hopefully, 2012, will be the best year ever for you all; all your hurts be erased and you are granted a fresh start for the coming year.

Send all letters, questions, or thoughts to strundy@syix.com, PO Box 8147, Marysville, or call 742-3041

Cut-Off for Bulletin publications is by the 25th of the Month

LION SUSIE TRUNDY, Editor





LION'S 1st ANNUAL "GAME DAY"

If you missed it, plan on next year, going to try for earlier in the year for better weather, and you better practice up if you want to try to beat **"Champion Forrest Jean Marie"** on the Ping Pong Table. Lion Patrick & Liza **won "washers"** and Lion Jeff **"singles pool"**. **Big THANKS** to Lion Mary for initiating this event and carrying through for a fun get-together day for Lions.



LAUGH LINE — The other day, my wife and I went into town and visited a shop. When we came out, there was a cop writing out a parking ticket. We went up to him and I said, 'Come on, man, how about giving a senior citizen a break?' He ignored us and continued writing the ticket. I called him an "asshole". He glared at me and started writing another ticket for having worn-out tires. So my wife called him a "shit head". He finished the second ticket and put it on the windshield with the first. Then he started writing more tickets. This went on for about 20 minutes. The more we abused him, the more tickets he wrote. Just then our bus arrived, and we got on it and went home. **Don't you just love old folks?**

December 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>REMEMBER TO BRING A DISH TO GENERAL MEETINGS</i>	<i>POTLUCK BOTH MEETINGS</i>			1 Gen Mtg— 7 pm & Love Lights a Tree Jeff/Susie	2 Carlos/Mary	3 Dist 4-C1 Cabinet Meeting
4 Dist 4-C1 Cabinet Meeting	5 Ham & Beans Mike F	6 Lioness Mtg—7 pm Gary W	7 Pearl Harbor Day Sally 	8 Jean-Marie	9 Toby	10
11	12 Chili Dogs Mike F	13 Janet	14 Joni	15 Gen Mtg—7 pm— PJ/Gift Exch Jeff/Susie	16 Spring Valley School Christmas Carlos/Mary	17
18	19 Turkey/ Noodle Soup Mike F	20 Lioness Mtg—7 pm Linda	21  Sally	22 Board Meeting—6 Winter Begins Jean-Marie	23 Toby	24
25 Christmas Day	26 Mike F	27 Gary W	28 Joni	29 Surprise	30 Decorate NYE Dance 6—pm Carlos/Mary	31 New Year's Eve Dance—7 pm Band—8:30 12:30 am

Because of the busy "holiday" season, the Contest to Design a new Club Pin has been extended to Feb 16th, so get your ideas together and win that \$50.00.



WELCOME NEW LIONS
2011/2012
Sierra Kanawyer Chris Kreider

Inside this issue:

Minutes	2&3
Halloween	4
November Happenings	5
Tid Bits	6
B-Days, Prez Words, Sunshine Report	7
50-50 Winners, Editor Message	8
Calendar	9

UPCOMING EVENTS

Dec 1—Pot Luck & Love Lights A Tree—7 pm
 Dec 3-4—District 4-C1 Meeting
 Dec 15—Pot Luck & Gift Exchange/PJ Party—7
 Dec 16—Spring Valley School Christmas—10:30
 Dec 22—Board Meeting—6 pm
 Dec 25—Christmas Day
 Dec 30—Decorate for NYE Dance—6 pm
 Dec 31—NYE Dance—Music starts @ 8:30 pm

Chartered 1983
 28 Years of Service

President
 Sheri Vess
 5215 Daphne Way
 Loma Rica, Ca
 530 743-4084

Secretary
 Debbie Sparks
 11549 Judy St
 Loma Rica, Ca
 530 743-9311

Treasurer
 Susie Trundy
 11378 Smith Rd
 Loma Rica, Ca
 530 742-3041

1st Vice President
 Roberta Halcomb

2nd Vice President
 Kim Hall

3rd Vice President
 Colleen Kelly

Tail Twister
 Chris Beermann
 Lion Tamer
 Darrell Carlson

Membership Chair
 Janet Mincer

1 Year Directors
 Kenn Vess
 J Mowery

2 Year Directors
 Peggy Myers

Debbie Burlingame
 Immed Past Pres
 Jerry Sparks

Spirit Enhancer
 Mike Fitzgerald

Club Manager
 Gertie Moore

District Governor
 Lee Hollowell

1st Vice DG
 Coy Moody

2nd Vice DG
 Maggie Robeson

Region Chairman
 Aaron Wheely

Zone Chairman
 John Newlin

CCI Trustee
 Paul Halcomb

June Brown

Hillbilly Express

If undeliverable please return to:
 Foothill Lions Club
 5667 Fruitland Rd.
 Marysville, CA 95901